



February the Month of Love...

"Valentine's Day" originated from the earlier name "Saint Valentine's Day"

A traditional day to express love for each other. Commonly with flowers, candy & greeting cards.

Why not give this Valentine's Day a Gift Certificate from EIE MediSpa & Laser Training Centre to someone you care about? It is as easy as picking up the phone and dialling 780-466-5271 to place your order.

Your loved one deserves to experience pure luxury with EIE's Cara Touch Facial!

Your bare feet are spritzed with a light mist, the healing power of touch combined with the Cara facial that peels away the years for smoother, more radiant skin. This Cara Skin Care facial rejuvenates and plumps up the skin being finished with a facial massage, bringing body and mind into complete balance.

Regular Price \$125.00 • February Special \$99.00

You are our Valentine, please enjoy the following Specials!

New Nail Clients will receive a full set of LCN Gel Nails for only \$50.00.

Just mention this offer from the February Newsletter at the time of booking.

Book with Amber this February!

Regular Price \$65.00 • February Special \$50.00

Did you know?

So just what are the amazing health benefits of chocolate?

Most notably, chocolate is a champion antioxidant.

Antioxidants help rid the body of free radicals, nasty little molecules running amok in your body which cause aging and disease. Antioxidants bond to free radicals and whisk them from your body via digestion and other means.



*Sweet Gift Ideas
from the Heart*



Jane Iredale Roses & Lollipops Lip Duo

Two universally flattering shades in a petite, portable keychain locket made with Swarovski elements.

Roses ~ A pigment-rich creamy lipstick that hydrates and soothes the lips with jojoba and grape seed extract.

Lollipops ~ A sheer gloss made with green tea leaf extract.

Jane Iredale Roses & Lollipops Lip Duo \$34.00

Magnetic Polish from LCN

Enjoy creating your own design of rays on your nails with Magnetic Polish. Magnets of various designs and polish colours are your choice.

Magnet \$13.75 • Magnetic Polish \$11.25



Cara Liquid Gold

The name is just that "Gold" A dynamic veil for the skin with botanical extracts including cucumber, maricaria, lavender and ginseng. Apricot, carrot oil along with vitamins A and E provide a shield against environmental aggression. Liquid Gold has a silky finish which immediately improves the appearance of the skin. Apply after your day time moisturizer and before foundation application. A most versatile product also to be used on Cuticles, Lips, after Chemical Peels, Microdermabrasion and Laser treatments.

Cara Liquid Gold \$48.00

Botox or Filler Injections for a younger looking YOU! Would you not want to know what this is all about?
Replenish and refresh your appearance by instantly restoring lost volume. If you haven't met Dr. Adrian Norbash, EIE MediSpa & Laser Centre Medical Director, we encourage you to book your
Complimentary Botox or Filler Injection Consultation today!
Bring back your radiance!



The Cellulite Fight is on

The causes of cellulite are not well understood, but there are several theories that have been put forth as explanations. Among these are:

- Genes - Cellulite is an issue of fat cells and skin elasticity. Genes greatly determine if you will develop cellulite.
- Estrogen - Because cellulite is primarily a female issue, many doctors believe it is caused by high levels of the female hormone estrogen. Many postnatal women or women on birth control develop cellulite because the body's waste system can't get rid of the enormous flow of estrogen in the body.
- Poor Diet - A poor diet consisting of alcohol, processed foods, and caffeine contributes to cellulite since the toxins they produce get trapped in fatty tissue.
- Lifestyles - Lack of exercise hardens the connective tissue in the skin which causes dimples.
- Aging - Promotes cellulite since the subcutaneous skin layer becomes thinner. The contents of this deep skin layer are redistributed over time.

Regardless of what causes cellulite, it's a condition that all women find unflattering and can cause them to be self-conscious about their looks, especially while wearing a swimsuit!

EIE MediSpa & Laser Centre encourages you to experience the Cara Cellufirm Crème along with a G-5 massage.

Half Body Massage with G-5 machine February Special \$40.00 (regular \$75.00)

Cara Cellufirm Crème \$69.00 February Special \$59.00 with coupon

\$10⁰⁰ off

ufirm Crème

EIE MediSpa & Laser Training Centre
6724-75 Street • Phone (780) 466-5271

CARA
skin care
be YOUR own beautiful

Limit of one coupon per visit per client.
Expires February 29, 2012

Please "Like" us on Facebook! Facebook.com/EIEMediSpa • Follow us on Twitter@EIEMediSpa
Rate us on YELP under European Institute of Esthetics • Check out our profile on Google+
Book your appointment online at www.dreamcareer.ca • Call us: 780-466-5271 -or- 1-877-422-5271

Walk-Ins are Welcome: 6724-75 Street Edmonton, AB.

Hours of Operation:

Monday, Friday, Saturday 8:00 am – 5:00 pm • Tuesday, Wednesday, Thursday 8:00 am – 9:00 pm